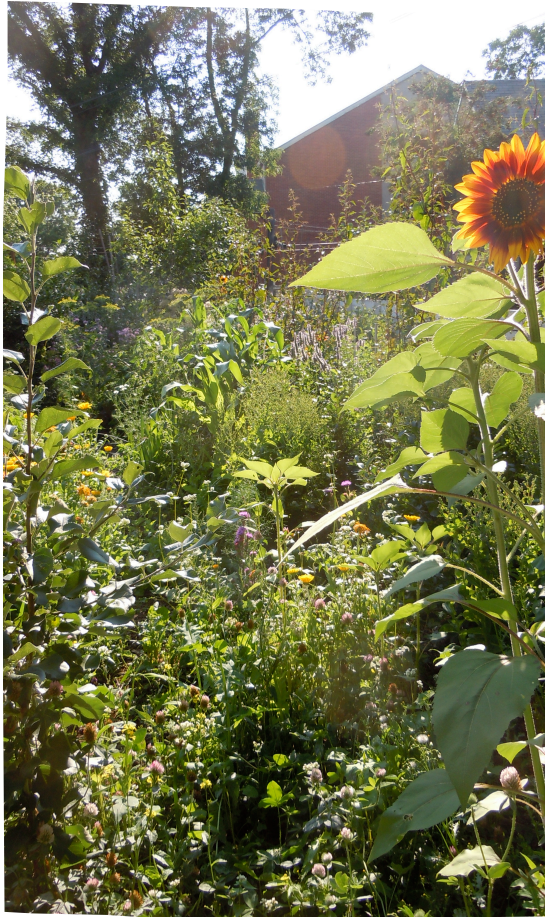


The Urban Farmer and Medicine Hat Community Gardens
presents
Edible Forest Gardens

For the Prairies



Price includes:

- 2 day course
- practical experience
- sample plant materials including edible plants and mushroom spawn for the adventurous
- biochar demo

May 17 & 18 - 9:00 to 5:00

To register bring or send your registration form and cash/cheque made payable to "Community Food Connections" to Community Health Services at 2948 Dunmore Rd SE, Medicine Hat, AB, T1A 8E3



EARLYBIRD SPECIALS
(save up to \$50 if you register by April 30!)

- 2 day intensive course earlybird: \$259 / person
- 2 day intensive course + bring a friend earlybird: \$239 / person

REGULAR PRICE
(register after April 30)
- 2 day intensive course regular price: \$289

For questions please contact:

Rita at rita.aman@albertahealthservices.ca or 403-502- 8224
Jennifer at imah@shaw.ca or 403-548-7884

Do you want to grow and eat your own food but weed and water less?

Forests sustain themselves without weeding or watering. A forest can be planted entirely with edibles, producing a beautiful and relaxing, low maintenance landscape that tastes good, too!

Come discover dozens of edibles, many of which are lesser-known, and how to combine them in mutually beneficial patterns. This process, sometimes known as permaculture, leads to a self-sustaining ecosystem. We will explore how fruit, nuts, annual and perennial vegetables, mushrooms, and small livestock can be combined in small and large spaces. Participants will get hands on experience by planting part of the community garden as an edible food forest.

In this workshop:

- discover how forest gardening is a viable alternative for southern Alberta climates in rural and urban settings
- learn forest gardening design principles and practice
- discover a wide range of edibles for our region
- learn how to integrate