

Directory of Local Producers & Restaurants Using Local Food



Growing Food Security of Alberta



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Directory of Local Producers

Greenhouses

County Fresh Farms: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Albert Cramer	Range Rd. 63 off Holsom Rd. Medicine Hat, AB	403-504-3339	Cucumbers, Mini cucumbers, Tomatoes, Peppers.	At County Fresh farms, \Distributed by Red Hat Co-op.

County Growers: Vegetable & Herbs

Contact Name	Address	Phone	Product	Available at:
Bob Chartrand	Medicine Hat, AB	403-526-0019	Cucumbers, Tomatoes, Peppers, Herbs.	Farmers' Market Distributed through Red Hat Co-op

Hollander Greenhouses: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Art Hollander	331 4 th Street SW Redcliff, AB T0J 2P0	403-548-6532	Long English Cucumbers	Distributed through Red Hat Co-op

Holsom Growers: Vegetable Grower

Contact Name	Location	Phone	Product	Available at:
Darren Oerlemans	12315 Range Rd. 63, Medicine Hat, AB. left on Holsom Rd to Rage Rd 63.	403-526-0708 Cell: 403-528-0707	Beef Steak Tomatoes Cucumbers	At Holsom Growers and Distributed through Red Hat Co-op

Kel Lee's Greenhouse: Vegetable Grower

Contact Name	Location	Phone	Product	Available at:
Kelly & Lee Fischer	Site 1 - 1123-11, Range Rd. 63 off Holsom Rd. Medicine Hat, AB.	403-504-1800	Bell Peppers Long English cucumbers Mini cucumbers Tomatoes Cocktail tomatoes Eggplant Hot Peppers Green Beans	At Kel Lee's Greenhouse and distributed through Red Hat Co-op

Rolling Acres Greenhouse: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Albert Cramer	1550 South Boundary Rd. Medicine Hat, AB	403-526-3059 Cell: 403-504-3339	Cucumbers Red, Yellow and Orange Peppers	At Rolling Acres Greenhouse and distributed through Red Hat Co-op

Vegetable & Berry Producers

Antelope Creek Road Berry Farm: Fruit, Vegetable and Herb Grower

www.albertafarmfresh.com/antelope.htm

Contact Name	Address	Phone	Product	Available at:
David Houseman	Box 1527 Brooks, AB T1R 1T4	403-362-6691	Strawberries Raspberries Evans & Nanking & Sour Cherries Saskatoon berries Chokecherries Black Currants Many garden vegetables, Dill, Jams/Jellies/Syrups Candy Pie Filling	Farm Gate Sales Farm Store U-pick (please call ahead) Pre-picked orders Custom orders, Farmers' Market

Cazes' Fruit Stand: Vegetable Grower & BC Fruit.

Contact Name	Address	Phone	Product	Available at:
Wade Cazes	Box 520 Medicine Hat, AB T1A 7G5	403-527-5849	Locally grown vegetables, BC Fruit	Fruit Stand on 13 th Ave & TransCanada Way

Erna's Berry Farm: Berry Grower

Contact Name	Address	Phone	Product	Available at:
Erna Verakemp	Corner of Hwy 3 & Hwy 879 Bow Island, AB	403-977-0496	Strawberries, Raspberries, , Saskatoons, Black currants Rhubarb	Farm sales Pre-picked orders

Kerri Gold: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Kerri Gold	Box 282 Irvine, AB T0J 1V0	403-502-6804 kerri_gold@ hotmail.com	Naturally grown Beets, lettuce, carrots, beans, cucumbers, tomatoes, , zucchini, spinach, dill, rhubarb	Farmers Market, Medicine Hat Farm sales by appointment Phone orders

Mayfield Colony: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Jacob Stahl	Box 527 Etzikom, AB T0K 0W0	403-928-1455	All vegetables	Farmers Market, Medicine Hat Farm sales Phone orders

Neil & Charlene Ziegler: Berries and Grains

Contact Name	Address	Phone	Product	Available at:
Neil & Charlene Ziegler	Box 187 Richmond, SK S0N 2E0	306-669-4509	Saskatoon berries Choke cherries Organic Cereal Grains	U-pick

Norio's Honey Farm: Fruit Grower

Contact Name	Location	Phone	Product	Available at:
Juan Norio	188 Charles Street Dunmore, AB. East of Medicine Hat 7 km, North of Hwy 1	403-528-2841	Strawberries Musk Melon *also see honey	U-Pick

Phoenix Farms Ltd.: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
John Manes	Box 327 Nobleford, AB T0L 1S0	403-824-3585 john@phoenixfarms.ca	Potatoes Onions	Farm Gate Sale Email orders

Prairie Berry Orchard: Fruit & Berry Grower

Contact Name	Address	Phone	Product	Available at:
Clarence & Debbie Dyck	7022 Township Rd 120 Medicine Hat, AB	403-529-6589	Sour Cherries Saskatoon berries Red Currants	U-pick Farm sales

Rolling Hills Family Farm: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Carmen Krause	Box 118 Rolling Hills, AB T0J 2S0	403-964-2222	Many Vegetables Jams	Farm Gate Sales

Sandhill Saskatoon's: Fruits and Berry Grower

Contact Name	Address	Phone	Product	Available at:
Clem, Irene & Chris Andreas	Box 34 Abbey, Sask. S0N 0A0	306-689-2556 Cell: 306-587-3041	Saskatoon berries Haskap berries Chokecherries Apples Rhubarb Sour Cherries Jam/Jellies/Syrups Pies	Farm Sales Farmers' Markets Phone Orders

Save Our Soils Farm Produce: Fruit & vegetable Grower

Contact Name	Location	Phone	Product	Available at:
Connie Kappler	South on South Ridge Drive, 3.2 km. from TransCanada Hwy, on right	403-977-7405	Zucchini, corn, beans, beets, tomatoes, pumpkin, herbs, garlic, strawberries	Farmers' Market Pre-picked orders Phone orders Strawberry U-pick

Shamrock Colony: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Robert Waldner	Box 399 Bow Island, AB T0K 0G0	403-545-6190 ext: 119 or 210	Many types of Vegetables	Farmers' Markets Sobey's

Silver Sage Hutterian Brethren: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Joe Hofer	Box 482 Foremost, AB T0K 0X0	1-403-666-2200, ext 229	Many types of Vegetables	Co-op Stores The Market Centre

Slack's Market Garden: Fruits & Vegetable Growerwww.albertafarmfresh.com/slack.htm

Contact Name	Located	Phone	Product	Available at:
Beth & Larry Slack	12107A Range Rd 60 Medicine Hat, AB 4 km south of TransCanada Hwy on South Ridge Drive	403-526-3669	Junebearing & Day Neutral Strawberries Raspberries	U-pick by appointment

Strawberry Meadows U-Pick: Strawberries & Vegetables :www.strawberrymeadowsupick.com

Contact Name	Location	Phone	Product	Available at:
Pati Covell	Holsom Rd. off Hwy 3 for 14.5 km, turn right, follow signs to Golden Sheaf Park, sign 1 km past Rattlesnake Dam.	403-488-3674 Email: strawberrymeadowsupick@gmail.com	Strawberries, Vegetables, Free Range Eggs.	U-pick, Pre-picked orders Farm gate sales Check website for events

Sunrise Farms: Fruits & Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Will & Dorothy Hofer	Box 588 Etzikom, AB T0K 0W0	1-403-666-3787 ext: 401	Most vegetables Strawberries	Farmers' Market Grocery stores

Susan Huber: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Susan Huber	Box 1057 Redcliff, AB T0J 2P0	403-548-7705	Radishes, Green onions, Cabbage, Beans, Pumpkin, Corn, Rutabagas	Farmers' Market Phone orders (July to October)

TLC Farms: Fruits & Vegetable Growerwww.tlcfarms.ca

Contact Name	Address	Phone	Product	Available at:
Alastair & Lynn Olsen	111004, Range Rd. 84 Whitla, AB turnoff on Hwy 3	403-832-2541 tlcfarms@ canopycanada.net	Raspberries Gooseberries Strawberries Cherries All garden veggies	Farm Gate Sales Farmers' Market Phone/Email orders Delivered to Medicine Hat on Wednesdays

Honey Producers

De Jong's Honey Farm: Honey Producer

Contact Name	Address	Phone	Product	Available at:
Jay & Joanne De Jong	Box 1401 Brooks, AB T1R 1C3	403-362-5416	Honey	Farmers' Market Farm sales

Dewar Apiaries: Honey Producer

Contact Name	Address	Phone	Product	Available at:
Brenda Dewar	19 Trent Road W. Lethbridge, AB T1K 4N1	403-381-1653	Gourmet Honey Natural Bees Wax products (hand creams/lip balms)	Farm sales Phone Orders Christmas Farmers' Market

Norio's Honey Farm: Honey Producer/ Fruit Grower

Contact Name	Location	Phone	Product	Available at:
Juan Norio	188 Charles Street Dunmore, AB. East of Medicine Hat 7 km, North of Hwy 1	403-528-2841	Honey * also see Fruits & Vegetables	On Farm sales (bring your own container), Phone orders

Pure Sweet Honey: Honey Producer

www.sweetpurehoney.ca

Contact Name	Address	Phone	Product	Available at:
Stella Sehn , owner Contact in Medicine Hat: Shirley	Box 483 Porcupine Plain, SK S0E 1H0	1-306-278-3028 403-527-7595	Pure honey Health products made with honey	Trade shows, Phone orders

Meat Producers

Arrowhead Ranch: Beef Producer

www.arrowheadnaturalbeef.com

Contact Name	Address	Phone	Product	Available at:
Dale Weiss	5106 Township Rd. 114 Cypress County, AB T1B 0K8	403-527-2968 Cell: 403-878-4397	Home-grown, naturally raised beef. Halves, quarters & variety packs.	Web and phone orders delivered to Medicine Hat; call for delivery

Deerview Meats: Meat Producer

www.deerviewmeats.com

Contact Name	Location	Phone	Product	Available at:
Perry Deering Becky Fuhr	19 km. East of Medicine Hat on Hwy #1	403-834-2221 info@ deerviewmeats.com	Processed & Fresh Venison, Beef, Pork, Lamb, Bison Sausage, variety packs. Custom slaughter cutting, curing & wrapping.	Some local restaurants Retail store, Phone/Email orders.

Headwaters Fisheries

Contact Name	Address	Phone	Product	Available at:
Kellen Wickenheiser	2113 Hatcher Dr NE Medicine Hat, AB T1C 1S2	403-504-0965 headwatersfisheries@shaw.ca	Fresh: Whitefish Pike, Walleye Trout Whitefish Fillets Pike Fillets Smoked Whitefish Organic potatoes & garlic	Phone orders Email orders

K&R Reesor: Beef Producer

Contact Name	Address	Phone	Product	Available at:
Ronda & Keith Ressor	RR1, Box 16 Irvine, AB T0J 1V0	403-937-2221	Organic & natural beef	Farm Gate Sales

Kerri Gold: Meat Producer

Contact Name	Address	Phone	Product	Available at:
Asa & Kerri Gold	Box 282 Irvine, AB T0J 1V0	403-502-6804 kerri_gold@hotmail.com	Naturally Raised Beef.	Phone/email orders

MacPherson Meats: Beef, Poultry & Meat Products

Contact Name	Address	Phone	Product	Available at:
Scot & Rachel MacPherson	Box 6 Big Stone, AB T0J 0E0	403-952-1122	Organic fresh beef Chicken, Sausage/jerky/wieners Organic Grains & Flours	Farm Gate Sales Farmer's Market Green Tree Wellness Center

Medicine Hat Meat Traders Ltd. Meat & Meat Productswww.mhmt.ca

Contact Name	Location	Phone	Product	Available at:
Greg & Joanne Pahl	7 km NE of Medicine Hat on Hwy 41A, 5 km N. on RR51, 1 km E to farm.	403-488-1344 Cell: 403-504-3488	Naturally grown beef & pork Jerky, Sausage & Salami Butcher supplies	Farmers' Market Farm Gate Sales Phone orders

TLC Farms: Meat & Meat Productswww.tlcfarms.ca

Contact Name	Address	Phone	Product	Available at:
Alastair & Lynn Olsen	111004 Range Rd. 84, Whitla turnoff on Hwy 3.	403-832-2541 tlcfarms@canopycanada.net	Naturally raised Beef, Pork, Lamb Buffalo, Chicken Sausage/Jerky Free range eggs Variety Packs *see veggies & retailers	Farmers' Market Farm Gate Sales Email & Phone orders Delivered to Medicine Hat on Wednesdays

Wendy Fieldberg: Lamb Producer

Contact Name	Address	Phone	Product	Available at:
Wendy Fieldberg	Box 34 Bindloss, AB T0J 0H0	1-403-379-2030	Organic lamb	Phone orders Delivered to Medicine Hat

Local Processors of Products**Birds & Bees Organic Winery: Organic Wines & Mead**www.BirdsandBeesWinery.com

Contact Name	Address	Phone	Product	Available at:
Xina Chrapko	Box 110 Brosseau, AB T0B 0P0	780-657-2275 info@birdsand beeswinery.com	8 wines & mead from home grown fruits	Farmers' Market Online orders Phone/email orders. At the Winery Check website for events.

Country Fare Catering

Contact Name	Address	Phone	Product	Available at:
Sandie Rieger	Medicine Hat, AB	403-527-0590	Local ingredients Soups, egg noodles, cookies, squares, pies	Farmers' Market Phone orders

Cypress Hills Vineyard & Winery: Fruit Wineswww.cypresshillswinery.com

Contact Name	Address	Phone	Product	Available at:
Marie Bohnet	Box 122 Maple Creek, SK S0N 1N0	306-662-4100	8 wines made from locally grown grapes & fruits.	Winery & bistro

Field Stone Fruit Wines: Fruit Wineswww.fieldstonefruitwines.com

Contact Name	Location	Phone	Product	Available at:
Marvin Gill	10 km. S of Strathmore, AB Esso on Hwy 817.	403-934-2749	10 wines made from home grown fruits	Seasonal & year round Farmers' Markets , Online sales

Home-style Beverages: Hot Ciders, Lemonades, Etc.www.homestylebeverages.com

Contact Name	Address	Phone	Product	Available at:
Duane & Deb Martin	Site 24, Box 1 RR1 Bowden, AB T0M 0K0	403-224-3339	Hot Ciders, Lemonades, Spreads, Syrups, Sauces, Spices, and Pies & Pie Fillings from home grown fruits.	Farmers' Market Phone and web orders

Grill of My Dreams

Contact Name	Address	Phone	Product	Available at:
Susan Dumont	Medicine Hat, AB	403-580-4775	Local ingredients Preserves, cakes, cookies, bread, cinnamon buns	Farmers' Market

Janet's Jams & Jellies

Contact Name	Address	Phone	Product	Available at:
Janet Kitchen	Irvine, AB	403-834-3798	Home grown fruits & vegetables for Jams/Jellies Salsa, Chutney Pickles/Relish	Farmers' Market Phone orders

Kirschenman Farms

Contact Name	Address	Phone	Product	Available at:
Cathy Kirschenman	Box 1261 Medicine Hat, AB T1A 7M9	403-527-7282	Perogies Cabbage Rolls Noodles Kraut Buns Kuchen	Premium Sausage MH Co-op Stores, IGAs, Nutters, Market Centre, Mikes Meats Inc. Reg's Homestyle Meats

Mark & Lois Martin: Maple Syrup Products

Contact Name	Address	Phone	Product	Available at:
Mark & Lois Martin	Site 2, Box 14, Millicent, AB T1R 1E3	403-378-3219	Pure maple Syrup from Ontario, sugar candy, maple butter, taffy cones	Farmers' Market Farm gate Sales Phone orders

Saucy Ladies: Jams Jellies, Condiments

Contact Name	Address	Phone	Product	Available at:
Barb	1254 3 rd Avenue N Lethbridge, AB T1H 0J1	1-403-329-8719 saucyldy @telus.net	Antipasto, pickles, jellies, chutneys, sauces from homestyle recipes	Trade shows, Online sales, Mike's Meats, Reg's Homestyle Meats & Deli, Dietz Meats, (Redcliff) Premium Sausage (Seven Persons)

Van Strien Bakery

Contact Name	Address	Phone	Product	Available at:
Marja Van Strien	Box 30 Seven Persons, AB T0K 1Z0	403-832-3767	Baked Goods	Premium Sausage (2009) Inc.

Zucchini Blossom Market and Café
www.zucchiniblossom.com

Contact Name	Address	Phone	Product	Available at:
Christine	62 3 rd Street NE Medicine Hat, AB T1A 5L8	403-526-1630	Zucchini blossom line of pesto's, soups, salads, salad dressings, humus & desserts. Catering service	Retail store/café location

Retailers of Local Produce & Processors of Products

Been There Roasting Company

Contact Name	Address	Phone	Product	Available at:
Brian Kannekens	115 Seven Persons Drive SE Medicine Hat AB T1B 2C5	403-502-5833	Organic, Fair Trade and De-caffeinated Coffee Custom roasted	Farmers' Market 3 rd ST. Market, (MH) Phone orders

Foodland IGA

Contact Name	Address	Phone	Product	Available at:
Vincent Wong	302 Maple Ave SE Medicine Hat, AB T1A 7L0	403-527-9711	Tomatoes, Cucumbers Peppers, Butter lettuce, Radishes Kirschenman Farms products	Full service Store location

Green Tree Wellness Centre: Health Food Store

www.greentree.ca

Contact Name	Address	Phone	Product	Available at:
Laurie Waller	423 7 th Street SE Medicine Hat, AB T1A 4K4	403-528-2299	MacPherson's Beef TLC Farms beef, pork & chicken	Store Location

Medicine Hat Downtown Flea Market

Contact Name	Address	Phone	Product	Available at:
Lorraine Dalla Longa	Lower Level of Parker's Furniture Medicine Hat, AB	403-977-1363	Vegetables, BC fruit, Taber corn, baking	Every Saturday 10 a.m. to 3 p.m. year round

Medicine Hat Farmers' Market:

Weekly Saturday Mornings from Long Weekend in May to 1st Saturday in October

<http://www.mhstampede.com/farmers/index.html>

Contact Name	Address	Phone	Product	Available at:
Doreen Gunderson	2055 21 st Ave. SE Medicine Hat, AB T1A 7N1	403-528-6933	Locally grown, raised, baked and made products	Cypress Center, Saturdays - 9am - 1pm Exhibition Grounds Medicine Hat

Mike's Meats Inc.

Contact Name	Address	Phone	Product	Available at:
Mike Steiner	1056 Foundry St SE Medicine Hat AB T1A 1X5	403-526-2211	Fresh beef & pork, sausage, jerky, bacon, etc; jams, jellies, pickles	Store location

Nutter's Bulk and Natural Foods: Retail Store

Contact Name	Address	Phone	Product	Available at:
Don Chartrand	407 – 1601 Dunmore Rd. SE Medicine Hat, AB T1A 1Z8	403-529-9777	Locally grown veggies, grains and meats. Locally made sausage, noodles, baked goods	Store location

Premium Sausage (2009) Inc.www.premiumsausage.ca

Contact Name	Address	Phone	Product	Available at:
Mark Penner	Box 9 Seven Persons, AB T0K 1Z0	403-832-2224	Fresh beef & pork Sausage, deli meat Locally produced jams & jellies, pickles, baked goods. Cheese from Rocky Mountain & Clover Leaf	Store Location Orders \$50.00 & over delivered free to Medicine Hat

Reg's Home-style Meat & Deli

Contact Name	Address	Phone	Product	Available at:
Reg Stein	#2 - 12 Sierra Dr. SW Medicine Hat, AB T1B 4S5	403-529-2385	Sausage, Jerky, Pepperoni, Deli meats, patties, fresh meats, spiced roasts, buffalo Locally made pickles, relishes, baked goods, Party Trays, Soup /Sandwich bar	Store Location

Sickel's Meats

Contact Name	Address	Phone	Product	Available at:
Gerald Sickel	153 Center Street Tilley, AB T0J 3K0	403-377-2176 Cell: 403-633-5759	Smoked meats, Pepperoni, Bacon, Jerky, other	Local Convenience Stores

Sobey's Ready to Serve

Contact Name	Address	Phone	Product	Available at:
Kyle Camilleri	1960 Strachan Rd. SE Medicine Hat, AB T1B 4K4	403-504-5400	Western Canada raised meats, Tomatoes, Peppers, Cucumbers, Beans, Peas, Carrots, Green Onions, Cabbage, Beets, Pumpkins, Corn, Radishes McKenzie honey	Store location Phone orders Email orders deliveries.cornerstone @sobey.com

The Market Centre

Contact Name	Address	Phone	Product	Available at:
Victor Hausauer	912 South Railway Street SE Medicine Hat, AB T1A 2W2	403-527-4003	Locally grown garden & green house vegetables Local Berries Honey, Jams, Jellies, Eggs Sausage and meats Kirschenman farms products	Retail store location

TLC Farms

Contact Name	Address	Phone	Product	Available at:
Alastair & Lynn Olsen	111004 Range Rd. 84 Whitla, AB turnoff on Hwy. 3	403-832-2541 tlcfarms@canopycanada.net	Naturally raised beef, pork, lamb, buffalo, chicken, Variety packs, sausage, Jerky, Free range eggs, Meals, jams, preserving & catering	Farmers' Market, Farm Gate Sales Phone/email orders Delivered to Medicine Hat on Wednesdays

3RD Street Market

Contact Name	Address	Phone	Product	Available at:
Donna Rae	435 3 rd Street SE Medicine Hat, AB T1A 0G8	403-504-0086	Local organic fruits & vegetables in season. Free Range eggs, Yoghurt, Goat's milk. Glutton free pasta & flours.	Store location Phone orders

Vauxhall Meats: (South Country Sausage)

Contact Name	Address	Phone	Product	Available at:
Gary Fandrick	Box 550 Vauxhall, AB T0K 2K0	Toll Free: 1-866-500-2580 Cell: 403-580-9934	Beef Jerky Sausage, Smokies, Hamburger, Ham & Bacon	Farmers' Market The Market Center Phone Orders

Resources & Suppliers

Brewmaster Wholesale Foods

Contact Name	Address	Phone	Product	Available at:
Grant Farmer	764 7 th Street SE Medicine Hat AB T1A 1K6	403-526-0791	Locally grown Tomatoes, Cucumbers Peppers, Vegetables	Wholesale Retail stores

Good Food Box Club

www.foodconnections.ca

Contact Name	Address	Phone	Product	Available at:
Brenda Baxter	3785 13 th Ave. SE. Medicine Hat, AB T1B 1J2	403-502-6096	Fresh fruit & vegetables in season	Member pick up at Hillcrest Church or satellite locations

Red Hat Cooperative Ltd:

Marketing Organization for Local Greenhouse Owners and Growers (currently 50 members)

www.redhatco-op.com

Contact Name	Address	Phone	Product	Available at:
Lyle Aleman	809 Broadway Ave E Redcliff, AB T0J 2P0	403-548-6453	Various cucumbers Various Tomatoes Various Peppers Lettuce	Supplies to wholesalers and grocery retailers throughout Canada and the USA

Viterra Alberta Bean Div.: Bean Grower & Wholesaler

Contact Name	Address	Phone	Product	Available at:
Owen Cleland	Box 96 Bow Island AB T0K 0G0	403-545-2227 Cell: 403-382-1521	Dry edible beans: Pinto, Pink, Great Northern, Small Reds, Black	Available in 10 kg bags at offices in Bow Island and Taber. Smaller amounts available in grocery stores.

Restaurants**Country Café (Erna's Berry Farm)**

Location	Phone	Local products used
Corner Hwy 3 & Hwy. 879, Bow Island, AB	403-977-0496	Locally grown berries, vegetables & eggs

Inspire Gallery Café & Catering

Location	Phone	Local products used
675 – 2 St SE Medicine Hat, AB T1A 0C8	403-548-2233	Locally grown vegetables and berries in season

Medicine Hat Lodge

Location	Phone	Local products used
TransCanada Way at Dunmore Rd SE, Medicine Hat, AB	403-502-8176	Deerview Meats & Carmen Creek Buffalo

Patio Café

Location	Phone	Local products used
635 3 rd Street SE Medicine Hat AB T1A 0H4	403-488-9050	Locally grown Cucumbers, tomatoes, peppers.

Ralph's Texas Bar & Steak House Ltd.

Location	Phone	Local products used
1249 TransCanada Way SE Medicine Hat, AB T1B 1H9	403-866-6264	Corn, Tomatoes, Cucumbers, Peppers, Fruit Pies Meat from Reg's Homes style Meats & Deli

Sharkleys Café

Location	Phone	Local products used
519 2 nd Street SE Medicine Hat, AB T1A 0C5	403-487-5577	Locally grown vegetables, berries, Locally made sausage

The Cocoa Been Café Ltd.

Location	Phone	Local products used
3 - 108 Broadway Ave E. Redcliff, AB T0J 2P0	403-548-6730	Locally grown Cucumbers, tomatoes, peppers, beets, potatoes, carrots, celery, onions, etc.

Thai Orchid Room

Location	Phone	Local products used
3 - 36 Strachan Court SE Medicine Hat, AB. T1B 4R7	403-582-8210	Fresh locally grown vegetables

3RD Street Market Bistro

Location	Phone	Local products used
435 3 rd Street SE Medicine Hat, AB T1A 0G8	403-504-0086	Local fruits & vegetables. Vegetarian menu

Tumbleweed Grill

Location	Phone	Local products used
925 7 th Street SW Medicine Hat, AB T1A 7R8	403-580-2114	Triple AAA Alberta Beef Local produce & herbs.

Twist

Location	Phone	Local products used
531 – 3 St SE, Medicine Hat, AB T1A 0H2	403-528-2188	Tomatoes, cucumbers, Peppers, some vegetables

Zucchini Blossom Market & Café

www.zucchini blossom.com

Location	Phone	Local products used
62 3 rd Street NE Medicine Hat, AB T1A 5L8	403-526-1630	Locally grown Vegetables & Herbs in season.

*This directory was compiled with permission from the participants, data collected in 2011.
For additional copies, please visit the Community Food Connections website at
www.foodconnections.ca*

*To have your information added or changed, please contact Liz Sauer at
Phone: (403) 526-4122 Email: esauer@telusplanet.net*